

March 2025

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
2	3 <b>Breakfast</b> Quesadilla, yams, milk. <b>Lunch</b> Bean burrito, orange, milk. <b>Snack</b> strawberries, rice cake.	4 <b>Breakfast</b> Eggs, banana, milk. <b>Lunch</b> Potato salad with chicken, Mandarin. <b>Snack</b> Hummus/cracke rs	5 <b>Breakfast</b> Pancakes, berries, milk <b>Lunch</b> Pasta with shrimp pear Milk. <b>Snack</b> grapes	6 <b>Breakfast</b> Kifer, granola. <b>Lunch</b> Albondigas, Carrots, milk.  <b>Snack</b> strawberries	7 <b>Breakfast</b> Cereal, Papaya. <b>Lunch</b> Tuna salad sandwich. <b>Snack</b> Rice cakes	8
7	10 <b>Breakfast</b> Oats, milk, berries. <b>Lunch</b> Rice with chicken, banana <b>Snack</b> apple	11 <b>Breakfast</b> Waffle, banana, Milk. <b>Lunch</b> Potato salad sandwich, jicama <b>Snack</b> nuts	12 <b>Breakfast</b> Ricotta cheese, kiwi. <b>Lunch</b> Beef, carrots. <b>Snack</b> grapes	13 <b>Breakfast</b> Yogurt, granola. <b>Lunch</b> Baked potatoes, Chicken, celery. <b>Snack</b> orange	14 <b>Breakfast</b> Cereal, banana. <b>Lunch</b> Bean burrito, apple sauce. <b>Snack</b> berries	15
16	17 <b>Breakfast</b> Eggs, tortilla, papaya, milk. <b>Lunch</b> Potato cakes, Tomato salad. <b>Snack</b> banana	18 <b>Breakfast</b> Cereal, banana. <b>Lunch</b> Spaghetti with beef, orange. <b>Snack</b> Apple sauce	19 <b>Breakfast</b> Oats, berries. <b>Lunch</b> Tinga de pollo, celery. <b>Snack</b> berries	20 <b>Breakfast</b> Yogurt, granola. <b>Lunch</b> Pork with tomatillo, Pineapple. <b>Snack</b> apple	21 <b>Breakfast</b> Waffles, orange. <b>Lunch</b> Chicken flautas, pear. <b>Snack</b> Rice cake	22
23	24 <b>Breakfast</b> Avocado toast, sprouts. <b>Lunch</b> Beef milanesa, Watermelon. <b>Snack</b> Beans, crackers	25 <b>Breakfast</b> French toast, berries. <b>Lunch</b> Homemade burgers, green salad. <b>Snack</b> Grapes, pretzel	26 <b>Breakfast</b> Egg muffin, Orange. <b>Lunch</b> Beef fajitas, Carrots. <b>Snack</b> Celery sticks	27 <b>Breakfast</b> Breakfast burrito, Fruit salad. <b>Lunch</b> Roasted squash with cheese, <b>Snack</b> Jicama	28 <b>Breakfast</b> Almond butter toast with banana. <b>Lunch</b> Green chicken enchiladas, Radishes. <b>Snack</b> Apple	29